

Cubs Backwoods Cooking Badge



You don't necessarily need to use pots and pans to cook something delicious. Make the most of your surroundings, and enjoy a delicious meal in the great outdoors.

How to earn your badge:

1. Show how to light a fire.

DERNFORD NOOK Use one of the fire bases in eg The Croft or The Strand or an altar fire

2. Help someone prepare a fire for cooking on.

DERNFORD NOOK Plenty of sticks in the woods, larger wood in the wood piles

3. Cook something using a billy can.

DERNFORD NOOK Baked beans, or some popcorn with just oil, popping corn and salt.

4. Cook something in the embers of a fire.

DERNFORD NOOK Banars-bars are bananas sliced halfway still in skins with slices of Mars-bar in, or jacket potatoes with beans or cheese on top, then wrapped in tin-foil.

5. Cook something on a stick.

DERNFORD NOOK Dampers is easy (500g self raising flour, 100g sugar, 200ml water plus jam to fill), or what about toasting a marshmallow or, if you're careful to cook it thoroughly, a sausage.

6. Show how to make the fire safe when you have finished with it. Extinguish the fire and make the area safe.

DERNFORD NOOK Separate out the hot areas and put the fire out with water if necessary. Ensure the ground around it is clear of fuel.